



SIERRA SPORT & RACQUET CLUB

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM classes							No Classes
5:30	Cycle Janeen	Cycle Nicole		Cycle Kirsten			
5:45			SCWT Janeen		SCWT Janeen		
7:00						SCWT Gabby/Mishelle	
8:00						Mind/Body Spencer	
8:30	Sculpt Bernie	Pilates Jackie	Sculpt Claudia	Pilates Jackie	Sculpt Claudia		
9:30	Zumba Bernie				Yoga Debra		
PM Classes							
4:30	Pilates Erin		Pilates April				
5:15	Cycle Jannah		Cycle Jannah				

All Club

Intermediate